Obtain permission for use at: http://www.mdanderson.org/MDASI

| Date: | Institution: |
|-----------------------|-------------------|
| Participant Initials: | Hospital Chart #: |
| Participant Number: | |

MD Anderson Symptom Inventory – CAR (MDASI-CAR)

Part I. How severe are your symptoms?

People with cancer frequently have symptoms that are caused by their disease or by their treatment. We ask you to rate how severe the following symptoms have been *in the last 24 hours.* Please select a number from 0 (symptom has not been present) to 10 (the symptom was as bad as you can imagine it could be) for each item.

| | Not Present | : | | | | | | | | | d As You Imagine |
|---|----------------|------------|---|---|---|---|---|---|------------|---|---------------------|
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 1. Your pain at its WORST? | \bigcirc | 0 | 0 | 0 | 9 | 0 | 0 | 0 | 0 | 0 | 0 |
| Your fatigue (tiredness) at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 3. Your nausea at its WORST? | \bigcirc | \bigcirc | 0 | | | 0 | 0 | 0 | \bigcirc | 0 | 0 |
| 4. Your disturbed sleep at its WORST? | 0 | 0 | | 0 | | 0 | 0 | 0 | 0 | 0 | 0 |
| Your feelings of being distressed (upset) at its WORST? | 0 | 0 | 0 | O | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 6. Your shortness of breath at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 7. Your problem with remembering things at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8. Your problem with lack of appetin at its WORST? | e () | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Your feeling drowsy (sleepy) at its WORST? | \bigcirc | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 10. Your having a dry mouth at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 11. Your feeling sad at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 12. Your vomiting at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 13. Your numbness or tingling at its WORST? | \bigcirc | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

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| | Not Present | | | | | | | | | | d As You n Imagine |
|---|----------------|------------|---|---|---|---|---|---|---|---|-----------------------|
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 14. Your diarrhea at its WORST? | 0 | \bigcirc | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 15. Your tremors at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | Q | 0 | 0 | 0 | 0 |
| 16. Your fevers or chills at its WORST? | 0 | 0 | 0 | 0 | 9 | 0 | Q | 0 | 0 | 0 | 0 |
| 17. Your headache at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 18. Your balance or falling at its WORST? | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 19. Your dizziness at its WORST? | 0 | 0 | Ò | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 20. Your coughing at its WORST? | 0 | 0 | Q | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 21. Your changes in sexual function at its WORST? | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 22. Your problem with paying attention (concentrating) at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 23. Your difficulty speaking (finding the words) at its WORST? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

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Part II. How have your symptoms interfered with your life?

Symptoms frequently interfere with how we feel and function. How much have your symptoms interfered with the following items *in the last 24 hours?* Please select a number from 0 (symptoms have not interfered) to 10 (symptoms interfered completely) for each item.

| | Not Present | | | | | | | | | | d As You I Imagine |
|---|----------------|---|---|---|---|---|---|---|---|---|-----------------------|
| | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 24. General activity? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 25. Mood? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 26. Work (including work around the house)? | 0 | 0 | 0 | | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 27. Relations with other people? | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 28. Walking? | 0 | | | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 29. Enjoyment of life? | 0 | Q | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| | | | | | | | | | | | |

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