# Cancer symptoms women shouldn't ignore

Having one or more of these symptoms doesn't mean you have cancer. But if they last two weeks or longer, talk to your doctor.



# **Abnormal vaginal bleeding**

Watch for bleeding between your periods, after sex or after menopause.

# **Unexplained weight loss**

Tell your doctor if you suddenly lose 10 pounds or more without changing diet or exercise habits.

# Vaginal discharge

Bloody, dark or smelly discharge is usually a sign of infection. But sometimes, it's a warning sign of cancer.

# **Constant fatigue**

If fatigue is interfering with your work or leisure activities, see your doctor.

# **Appetite change**

If you have lost your appetite, or you feel full all the time and your clothes feel tight, tell your doctor.

THE UNIVERSITY OF TEXAS



Making Cancer History®

# Pain or discomfort in the pelvis

This can include gas, indigestion, pressure, bloating and cramps.

# Urge to urinate often or constant pressure on your bladder

Unless you've started drinking more liquids or you're pregnant, this may be a sign of cancer.

### Persistent indigestion or nausea

Persistent indigestion or nausea can signal gynecologic cancers.

# **Change in bowel habits**

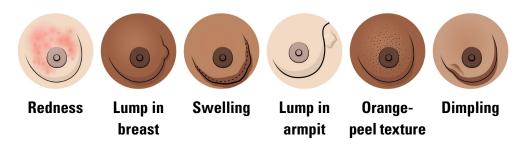
This could be any advanced stage gynecologic cancer or other cancers.

#### **Change in your breasts**

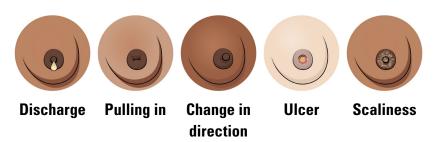
Watch for lumps in your breast or armpit, as well as skin or nipple changes.

# 11 symptoms of breast cancer

# Changes in look and feel



# Nipple changes



There is no right or wrong way to check for changes in your breast. Most breast changes are found as you go about daily activities, such as showering or dressing.

Appointments available: 877-632-6789



Making Cancer History®