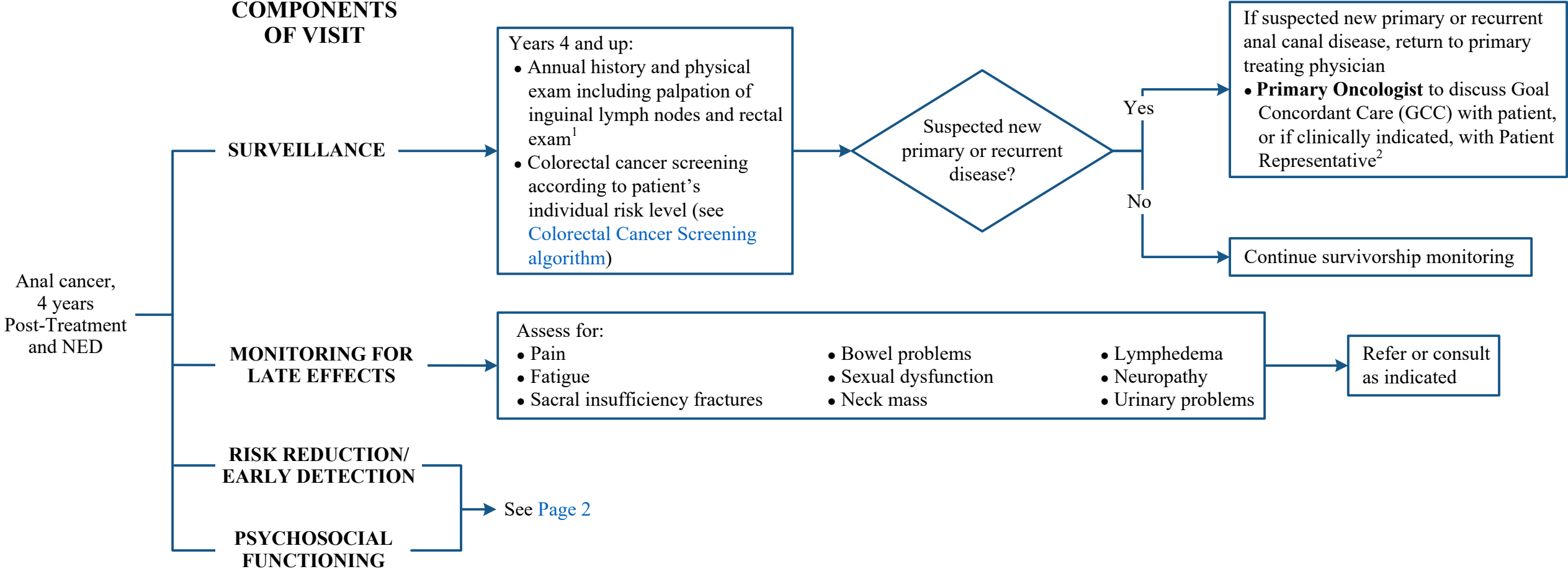


Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson’s specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.

ELIGIBILITY

CONCURRENT  
COMPONENTS  
OF VISIT

DISPOSITION



NED = no evidence of disease

<sup>1</sup> Rectal exam to include digital rectal exam (DRE) and visual inspection

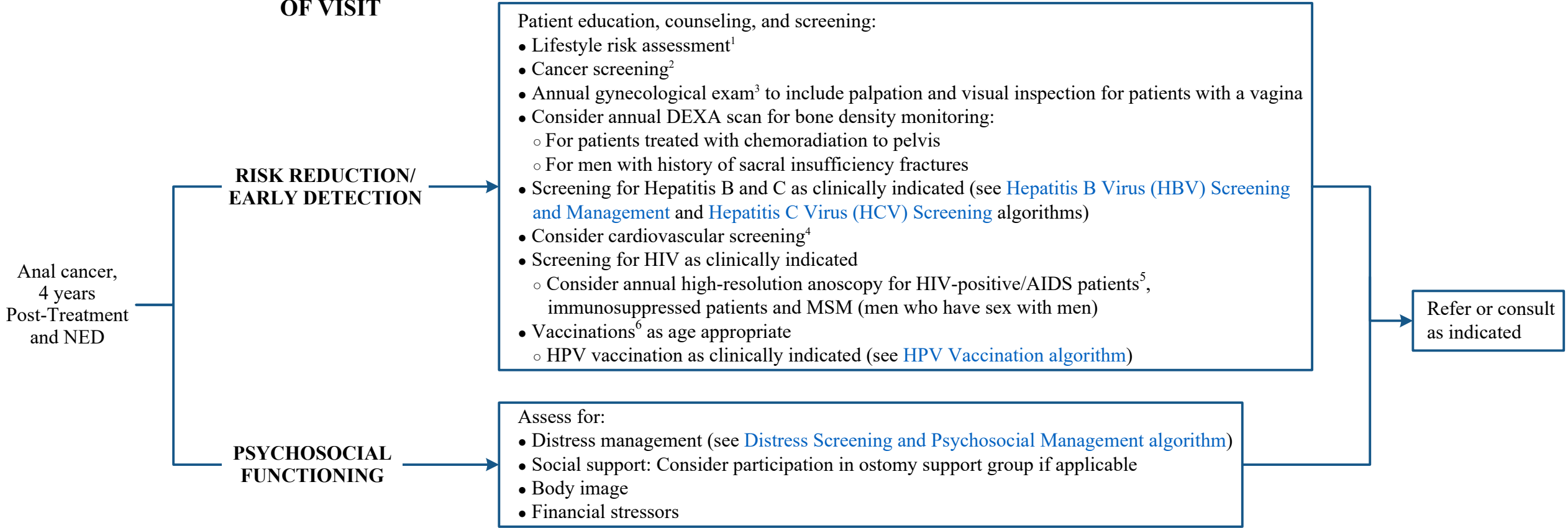
<sup>2</sup> GCC should be initiated by the **Primary Oncologist**. If Primary Oncologist is unavailable, Primary Team/Attending Physician to initiate GCC discussion and notify Primary Oncologist. Patients, or if clinically indicated, the Patient Representative should be informed of therapeutic and/or palliative options. GCC discussion should be consistent, timely, and re-evaluated as clinically indicated. The Advance Care Planning (ACP) note should be used to document GCC discussion. Refer to [GCC home page](#) (for internal use only).

Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson’s specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient’s care. This algorithm should not be used to treat pregnant women.

ELIGIBILITY

CONCURRENT  
COMPONENTS  
OF VISIT

DISPOSITION



DEXA = dual energy x-ray absorptiometry

<sup>1</sup> See [Physical Activity](#), [Nutrition](#), [Obesity Screening and Management](#) and [Tobacco Cessation Treatment](#) algorithms; ongoing reassessment of lifestyle risks should be a part of routine clinical practice

<sup>2</sup> Includes [breast](#), [cervical](#), [colorectal](#), [liver](#), [lung](#), [pancreatic](#), [prostate](#) and [skin](#) cancer screening

<sup>3</sup> Perform Pap smear/HPV test as per guidelines in [Cervical Cancer Screening algorithm](#). For patients with abnormal Pap test or high risk HPV, colposcopy with and/or without Pap smear test as indicated by Gynecologist.

<sup>4</sup> See [Survivorship – Adult Cardiovascular Screening algorithm](#)

<sup>5</sup> Consider annual collection of anal cytology in HIV-positive/AIDS patients at the time of high-resolution anoscopy

<sup>6</sup> Based on [American Society of Clinical Oncology \(ASCO\) guidelines](#)

Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson's specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.

## SUGGESTED READINGS

- Badin, S., Iqbal, A., Sikder, M., & Chang, V. T. (2008). Persistent pain in anal cancer survivors. *Journal of Cancer Survivorship*, 2(2), 79-83. <https://doi.org/10.1007/s11764-008-0051-4>
- Chou, R., Dana, T., Fu, R., Zakher, B., Wagner, J., Ramirez, S., ... Jou, J. (2020). Screening for hepatitis C virus infection in adolescents and adults. Updated evidence report and systematic review for the US Preventive Services Task Force. *Journal of American Medical Association*, 323(10), 976-992. doi:10.1001/jama.2019.20788
- Corrigan, K. L., Rooney, M. K., De, B., Ludmir, E. D., Das, P., Smith, G.L., ... Holliday, E. B. (2022). Patient-reported sexual function in long-term survivors of anal cancer treated with definitive intensity modulated radiation therapy and concurrent chemotherapy. *Practical Radiation Oncology*, 12(5), e397-e405. doi:10.1016/j.prro.2022.05.006
- Das, P., Bhatia, S., Eng, C., Ajani, J. A., Skibber, J. M., Rodriguez-Bigas, M. A., ... Crane, C. H. (2007). Predictions and patterns of recurrence after definitive chemoradiation for anal cancer. *International Journal of Radiation Oncology\*Biophysics\*Physics*, 68(3), 794-800. doi:10.1016/j.ijrobp.2006.12.052
- Eng, C. (2011). Carcinoma of the anal canal: Small steps in treatment advances. *Clinical Advances in Hematology & Oncology*, 9(9), 662-669. Retrieved from [https://www.hematologyandoncology.net/files/2013/09/ho0911\\_Eng1.pdf](https://www.hematologyandoncology.net/files/2013/09/ho0911_Eng1.pdf)
- Engstrom, P. F., Arnoletti, J. P., Benson, A. B., Berlin, J. D., Berry, J. M., Chen, Y. J., ... Willett, C. (2010). Anal carcinoma. *Journal of the National Comprehensive Cancer Network*, 8(1), 106-120. doi:10.6004/jnccn.2010.0007
- Fakhrian, K., Sauer, T., Schuster, T., Molls, M., & Geinitz, H. (2012). Quality of life outcomes and chronic adverse events after radiotherapy in patients with anal cancer. *Conference paper: 18<sup>th</sup> Annual Congress of the German-Society-for-Radiation-Oncology in Strahlentherapie und Onkologie*, 188, 16-17. Retrieved from [https://www.researchgate.net/publication/294140673\\_Quality\\_of\\_life\\_outcomes\\_and\\_chronic\\_adverse\\_events\\_after\\_radiotherapy\\_in\\_patients\\_with\\_anal\\_cancer](https://www.researchgate.net/publication/294140673_Quality_of_life_outcomes_and_chronic_adverse_events_after_radiotherapy_in_patients_with_anal_cancer)
- Frederick, W. A. I., Bhayani, N., Ford, D., Yang, G., & Thomas Jr., C. R. (2009). Anal carcinoma. *Current Cancer Therapy Reviews*, 5(2), 142-150. doi:10.2174/157339409788166751
- Glynne-Jones, R., Nilsson, P. J., Aschele, C., Goh, V., Peiffert, D., Cervantes, A., & Arnold, D. (2014). Anal cancer: ESMO–ESSO–ESTRO clinical practice guidelines for diagnosis, treatment and follow-up. *Radiotherapy and Oncology*, 111(3), 330-339. doi:10.1016/j.radonc.2014.04.013
- Glynne-Jones, R., Northover, J. M. A., & Cervantes, A. (2010). Anal cancer: ESMO clinical practice guidelines for diagnosis, treatment and follow-up. *Annals of Oncology*, 21(5), v87-v92. doi:10.1093/annonc/mdq171
- Holliday, E. B., Morris, V. K., Johnson, B., Eng, C., Ludmir, E. B., Das, P., ... Messick, C. A. (2022). Definitive intensity-modulated chemoradiation for anal squamous cell carcinoma: Outcomes and toxicity of 428 patients treated at a single institution. *The Oncologist*, 27(1), 40-47. doi:10.1093/oncolo/oyab006
- Kamboj, M., Bohlke, K., Baptiste, D. M., Dunleavy, K., Fueger, A., Jones, A. L., ... Kohn, E. C. (2024). Vaccination of Adults With Cancer: ASCO Guideline. *Journal of Clinical Oncology*, 42(14), 1699-1721. doi:10.1200/JCO.24.00032
- LeFevre, M. L. (2014). Screening for hepatitis B virus infection in nonpregnant adolescents and adults: US Preventive Services Task Force recommendation statement. *Annals of Internal Medicine*, 161(1), 58-66. doi:10.7326/M14-1018

Continued on next page

Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson's specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.

## SUGGESTED READINGS - continued

- Mai, S. K., Welzel, G., Hermann, B., Bohrer, M., & Wenz, F. (2008). Long-term outcome after combined radiochemotherapy for anal cancer—retrospective analysis of efficacy, prognostic factors, and toxicity. *Onkologie*, 31, 251-257. doi:10.1159/000121362
- McCarty, H., Wong, R., Cummings, B., Gilhooly, K., & Levin, W. (2009). Dyspareunia after chemoradiation (chemo-RT) for anal carcinoma - an under reported complication [Abstract]. *Radiotherapy and Oncology*, 92(2), S20. doi:10.1016/S0167-8140(12)72450-7
- MD Anderson Institutional Policy #CLN1202 - Advance Care Planning Policy  
Advance Care Planning (ACP) Conversation Workflow (ATT1925)
- Meyer, J. E., Panico, V. J., Marconato, H. M., Sherr, D. L., Christos, P., & Pirog, E. C. (2013). HIV positivity but not HPV/p16 status is associated with higher recurrence rate in anal cancer. *Journal of Gastrointestinal Cancer*, 44(4), 450-455. doi:10.1007/s12029-013-9543-1
- National Comprehensive Cancer Network. (2023). *Anal Carcinoma* (NCCN Guideline Version 1.2024). Retrieved from [https://www.nccn.org/professionals/physician\\_gls/pdf/anal.pdf](https://www.nccn.org/professionals/physician_gls/pdf/anal.pdf)
- Oblak, I., Petric, P., Anderluh, F., Velenik, V., & Fras, P. (2012). Long term outcome after combined modality treatment for anal cancer. *Radiology and Oncology*, 46(2), 145-152. doi:10.2478/v10019-012-0022-2
- Philip, E. J., Nelson, C., Temple, L., Carter, J., Schover, L., Jennings, S., ... DuHamel, K. (2013). Psychological correlates of sexual dysfunction in female rectal and anal cancer survivors: Analysis of baseline intervention data. *The Journal of Sexual Medicine*, 10(10), 2539-2548. doi:10.1111/jsm.12152
- Tomaszewski, J. M., Link, E., Leong, T., Heriot, A., Vazquez, M., Chander, S., ... Ngan, S. (2012). Twenty-five-year experience with radical chemoradiation for anal cancer. *International Journal of Radiation Oncology\*Biophysics*, 83(2), 552-558. doi:10.1016/j.ijrobp.2011.07.007
- US Preventative Services Task Force. (2019). Screening for HIV infection. US Preventive Services Task Force recommendation statement. *Journal of American Medical Association*, 321(23), 2326-2336. doi:10.1001/jama.2019.6587
- Young, S. C., Solomon, M. J., Hruby, G., & Frizelle, F. A. (2009). Review of 120 anal cancer patients. *Colorectal Disease*, 11(9), 909-914. doi:10.1111/j.1463-1318.2008.01723.x

Disclaimer: *This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson’s specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.*

## DEVELOPMENT CREDITS

This survivorship algorithm is based on majority expert opinion of the Anal Survivorship workgroup at the University of Texas MD Anderson Cancer Center. It was developed using a multidisciplinary approach that included input from the following:

### Core Development Team Leads

George J. Chang, MD, MS (Colon & Rectal Surgery)  
Emma Holliday, MD (GI Radiation Oncology)  
Craig A. Messick, MD (Colon & Rectal Surgery)  
Van K. Morris, MD (GI Medical Oncology)

### Workgroup Members

Ella Ariza Heredia, MD (Infectious Diseases)  
Therese Bevers, MD (Cancer Prevention)  
Joyce E. Dains, DrPH, JD, RN, FNP-BC, FNAP, FAANP, FAAN (Nursing Administration)  
Prajnan Das, MD (GI Radiation Oncology)  
Olga N. Fleckenstein, BS♦  
Katherine Gilmore, MPH, BA (Cancer Survivorship)  
Jessica P. Hwang, MD (General Internal Medicine)  
Andrea Milbourne, MD (Gyn Onc & Reproductive Medicine)  
Ana C. Nelson, DNP, APRN, FNP-BC (Cancer Prevention)  
Johnny L. Rollins, MSN, APRN, ANP-C (Cancer Survivorship)  
Hannah Warr, MSN, RN, CPHON♦

♦Clinical Effectiveness Development Team