

Blood Sugar (Glucose) Log

	Date		Breakfast		Lunch		Dinner	
			Before	After	Before	After	Before	After
Monday		Glucose						
		Insulin Dose/Medicines						
Tuesday		Glucose						
		Insulin Dose/Medicines						
Wednesday		Glucose						
		Insulin Dose/Medicines						
Thursday		Glucose						
		Insulin Dose/Medicines						
Friday		Glucose						
		Insulin Dose/Medicines						
Saturday		Glucose						
		Insulin Dose/Medicines						
Sunday		Glucose						
		Insulin Dose/Medicines						